



2022

Contribution Limits

401k/403b/457 Elective Deferral Limit

\$20,500

\$27,000 - catch up limit \$6,500 (age 50 or over)

Traditional and Roth IRA Contribution Limit

\$6,000

\$7,000 - catch up limit \$1,000 (age 50 or over)

Health Savings Account (HSA) Contribution Limit

\$3,650 single coverage

\$4,650 - catch up limit \$1,000 (age 55 or over)

\$7,300 family coverage

\$8,300 - catch up limit \$1,000 (age 55 or over)